

Start A Gratitude Jar: Stuck for ideas? Print out these cards to help your kids get started. 😊
The second page is blank – so they can make up their own gratitude jar ‘thank you’ notes!

*Today I have
enjoyed...*



*Something I
feel happy
about today...*



*Something
funny that
happened...*



*Something kind
that someone
did or said...*



*Some good
news today
was that...*



I was able to...



*I feel glad that
I can...*



*Thank you for
my...*



*I am feeling
excited about...*



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